#### 2011 State Profile — Arizona

## **National Survey of Substance Abuse Treatment Services (N-SSATS)**

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions.

More information on N-SSATS methodology is available at the following URL:

#### http://www.samhsa.gov/data/2k3/NSSATS/NSSATS.pdf

In Arizona, 219 substance abuse treatment facilities were included in the 2011 N-SSATS, reporting that there were 31,514 clients in substance abuse treatment on March 31, 2011. The survey response rate in Arizona was 91.1%.

Facility Operation						
			Clients	s in Treatment	on March	31, 2011
	Facilit	ties	All (	Clients	Clients Ur	nder Age 18
	No.	%	No.	%	No.	%
Private non-profit	107	48.9	17,950	57.0	1,104	64.9
Private for-profit	86	39.3	9,759	31.0	205	12.0
Local, county, or community government	0	0.0	0	0.0	0	0.0
State government	0	0.0	0	0.0	0	0.0
Federal government	11	5.0	1,397	4.4	99	5.8
Dept. of Veterans Affairs	4	1.8	836	2.7	0	0.0
Dept. of Defense	2	0.9	102	0.3	0	0.0
Indian Health Service	5	2.3	459	1.5	99	5.8
Other	0	0.0	0	0.0	0	0.0
Tribal government	15	6.8	2,408	7.6	294	17.3
Total	219	100.0	31,514	100.0	1,702	100.0

Primary Focus of Facility						
			Clients in Treatment on March 31, 2011			
	Facili	ties	All C	Clients	Clients Ur	der Age 18
	No.	%	No.	%	No.	%
Substance abuse treatment services	96	43.8	11,942	37.9	215	12.6
Mental health services	4	1.8	111	0.4	45	2.6
Mix of mental health & substance abuse						
treatment services	113	51.6	18,984	60.2	1,397	82.1
General health care	3	1.4	200	0.6	35	2.1
Other/unknown	3	1.4	277	0.9	10	0.6
Total	219	100.0	31,514	100.0	1,702	100.0

Substance Abuse Problem Treated					
			Clients in	Treatment	on March 31, 2011
	Facilities	s <sup>1, 2</sup>	Client	$s^3$	Clients per 100,000 Pop.
	No.	%	No.	%	Aged 18 or Older
Clients with both alcohol and drug abuse	190	90.5	14,677	46.6	283
Clients with drug abuse only	182	86.7	10,396	33.0	206
Clients with alcohol abuse only	170	81.0	6,441	20.4	125
Total <sup>2</sup>	210		31,514	100.0	614

<sup>&</sup>lt;sup>1</sup> Facilities may be included in more than one category.

<sup>&</sup>lt;sup>3</sup> Sum of individual items may not agree with the total due to rounding.

<sup>&</sup>lt;sup>2</sup> Facilities excluded because they were not asked or did not respond to this question:

Type of Care							
			Cli	ents in Tre	eatment on Ma	rch 31, 2011	
_	Facilities	s <sup>1</sup>		All Clients		Clients Unde	r Age 18
					Median No. of Clients Per		
	No.	%	No.	%	Facility	No.	%
Outpatient	177	80.8	29,595	93.9	88	1,527	89.7
Regular	154	70.3	19,355	61.4	40		
Intensive	112	51.1	3,664	11.6	15		
Day treatment/partial hospitalization	21	9.6	286	0.9	0		
Detoxification	33	15.1	251	0.8	1		
Methadone maintenance	32	14.6	6,039	19.2	172		
Residential (non-hospital)	53	24.2	1,547	4.9	21	147	8.6
Short term	31	14.2	462	1.5	9		
Long term	42	19.2	992	3.1	16		
Detoxification	15	6.8	93	0.3	0		
Hospital Inpatient	19	8.7	372	1.2	13	28	1.6
Treatment	13	5.9	264	0.8	12		
Detoxification	19	8.7	108	0.3	5		
Total	219		31,514	100.0	69	1,702	100.0

<sup>&</sup>lt;sup>1</sup>Facilities may provide more than one type of care.

Opioid Treatment Programs (OT	'Ps)	
	No.	%
Facilities with OTPs <sup>1</sup>	29	2.4
Clients in Facilities with OTPs		
Methadone	6,010	96.9
Buprenorphine	193	3.1
Total	6,203	100.0
<sup>1</sup> Percentage of all OTP facilities that are in this	State or jurisdiction.	
Facility Payment Options		

Facility Payment Options		
	Facilities	1
	No.	%
Cash or self-payment	182	83.1
Private health insurance	118	53.9
Medicare	85	38.8
Medicaid	114	52.1
Other State-financed health insurance	82	37.4
Federal military insurance	66	30.1
Access to Recovery (ATR) vouchers <sup>2</sup>	29	13.2
Accepts HIS/638 contract care funds	28	12.8
No payment accepted	4	1.8
Accepts other payments	2	0.9
Sliding fee scale	79	36.1
Treatment at no charge for clients who		
cannot pay	96	43.8

<sup>&</sup>lt;sup>1</sup> Facilities may accept more than one type of payment.

### **Facility Licensing, Certification, or Accreditation**

	Facilities <sup>1</sup>		
	No.	%	
Any listed agency/organization	205	93.6	
State substance abuse agency	114	52.1	
State mental health department	104	47.5	
State department of health	171	78.1	
Hospital licensing authority	19	8.7	
The Joint Commission	45	20.5	
CARF <sup>2</sup>	62	28.3	
NCQA <sup>3</sup>	6	2.7	
COA <sup>4</sup>	10	4.6	
Other State/Local Agency/Org	22	10.0	

<sup>&</sup>lt;sup>1</sup> Facilities may be licensed by more than one agency/organization.

#### **Facility Funding**

	Facilities		
	No.	%	
Receives Federal, State, county, or			
local government funds for substance			
abuse treatment programs	103	47.0	

<sup>&</sup>lt;sup>2</sup> Available only in AK, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MI, MO, MT, NJ, NM, OH, OK, RI, TN, TX, WA, WI, WY. N/A - Not applicable.

<sup>&</sup>lt;sup>2</sup> Commission on Accreditation of Rehabilitation Facilities

<sup>&</sup>lt;sup>3</sup> National Committee for Quality Assurance

<sup>&</sup>lt;sup>4</sup> Council on Accreditation

Types of Services Offered		
	Faciliti	es
	No.	%
Assessment and Pre-Treatment Services	217	99.1
Screening for substance abuse	203	92.7
Screening for mental health disorders	155	70.8
Comprehensive substance abuse assessment or diagnosis	198	90.4
Comprehensive mental health assessment or diagnosis	117	53.4
Screening for tobacco use	97	44.3
Outreach to persons in the community who may need treatment	123	56.2
Interim services for clients when immediate admission is not possible	120	54.8
Testing	175	79.9
Breathalyzer or blood alcohol testing	122	55.7
Drug or alcohol urine screening	158	72.1
Screening for Hepatitis B	45	20.5
Screening for Hepatitis C	49	22.4
HIV testing	76	34.7
STD testing	67	30.6
TB screening	81	37.0
Counseling	215	98.2
Individual counseling	207	94.5
Group counseling	205	93.6
Family counseling	182	83.1
Marital/couples counseling	154	70.3
Transitional Services	213	97.3
Discharge planning	202	92.2
Aftercare/continuing care	185	84.5
Pharmacotherapies	126	57.5
Medications for psychiatric disorders	94	42.9
Nicotine replacement	47	21.5
Campral <sup>®</sup>	53	24.2
Antabuse <sup>®</sup>	50	22.8
Naltrexone (oral)	58	26.5
Vivitrol® (injectable Naltrexone)	22	10.0
Buprenorphine Outside 18 and a series	69	31.5
Subutex® or generic	46	21.0
Suboxone <sup>®</sup>	65	29.7
Methadone	36	16.4
Non-nicotine smoking/tobacco cessation medications	42	19.2
Ancillary Services	218	99.5
Case management services	173	79.0
Social skills development	174	79.5
Mentoring/peer support Child care for clients' children	128 17	58.4 7.8
	136	62.1
Assistance with obtaining social services  Employment counseling or training for clients	97	44.3
· · ·	108	44.3
Assistance in locating housing for clients  Domestic violence	110	49.3 50.2
	52	23.7
Early intervention for HIV	32	23.7
continued		

Types of Services Offered (cont.)		
	Facilit	ties
	No.	%
HIV or AIDS education, counseling, or support	120	54.8
Hepatitis education, counseling, or support	88	40.2
Health education other than HIV/AIDS or hepatitis	122	55.7
Substance abuse education	208	95.0
Transportation assistance to treatment	120	54.8
Mental health services	155	70.8
Acupuncture	23	10.5
Residential beds for clients' children	9	4.1
Self-help groups	108	49.3
Smoking cessation counseling	54	24.7

Clinical/Therapeutic Approaches Used Always or Often or Sometimes		
	Faciliti	es
	No.	%
Substance abuse counseling	213	97.3
Relapse prevention	204	93.2
Cognitive-behavioral therapy	203	92.7
12-step facilitation	152	69.4
Motivational interviewing	188	85.8
Anger management	171	78.1
Brief intervention	184	84.0
Contingency management/motivational incentives	122	55.7
Trauma-related counseling	152	69.4
Rational emotive behavioral therapy (REBT)	89	40.6
Matrix model	108	49.3
Community reinforcement plus vouchers	33	15.1
Other treatment approaches	46	21.0

Facility Capacity and Utilization Rate <sup>1</sup>					
		Hospital			
	Residential	Inpatient			
Number of facilities	44	10			
Number of clients <sup>2</sup>	1,275	258			
Number of designated beds	1,579	219			
Utilization rate (%)	80.7	117.8			
No. of designated beds/facility (avg.)	36	22			

<sup>&</sup>lt;sup>1</sup> Excludes facilities not reporting both client counts and number of beds, facilities whose client counts were reported by another facility, facilities that included client counts from other facilities, and facilities that did not respond to this question.

	Programs for Special Groups		
al		Facilities	
nt		No.	%
10	Any program or group	176	80.4
58	Co-occurring disorders	86	39.3
19	Adult women	61	27.9
.8	Adolescents	60	27.4
22	DUI/DWI offenders	78	35.6
	Criminal justice clients	56	25.6
	Adult men	33	15.1
es	Pregnant or postpartum women	37	16.9
ent	Persons with HIV or AIDS	10	4.6
	Seniors or older adults	15	6.8
	Lesbian, gay, bisexual, or		
	transgender clients (LGBT)	11	5.0
	Other groups	29	13.2
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<sup>&</sup>lt;sup>2</sup> Number of clients on March 31, 2011.

# Services in Sign Language for the Hearing Impaired and in Languages Other than English

	No.	%
Hearing impaired/sign language	92	42.0
Any language other than English	135	61.6
Non-English Language Provided by:		
On-call interpreter only	35	25.9
Staff counselor only	39	28.9
Both staff counselor and on-call		
interpreter	61	45.2
Languages Provided by Staff Counselor: <sup>1</sup>		
Spanish	89	89.0
American Indian/Alaska Native		
languages	22	22.0
Other	13	13.0

<sup>&</sup>lt;sup>1</sup> Percentages based on the number of facilities reporting that they provided substance abuse treatment in a language other than English by a staff counselor only or by both staff counselors and on-call interpreters.

Data are from facilities that reported to N-SSATS for the survey reference date March 31, 2011. All material appearing in this report is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at: http://www.samhsa.gov/data/DASIS.aspx#N-SSATS

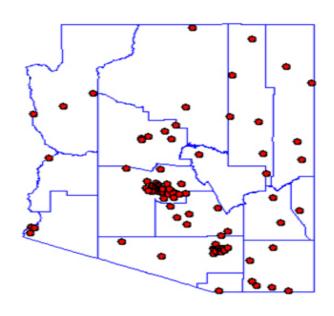
Access the latest N-SSATS public use files at: http://www.datafiles.samhsa.gov

Other substance abuse reports are available at: <a href="http://www.samhsa.gov/data/">http://www.samhsa.gov/data/</a>



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services
Administration
Center for Behavioral Health Statistics and Quality
www.samhsa.gov/data/

#### **Location of Treatment Facilities**



- Access N-SSATS profiles for individual States at: http://wwwdasis.samhsa.gov/webt/NewMapv1.htm
- For information on individual facilities, access SAMHSA's
   Treatment Facility Locator at:
   http://findtreatment.samhsa.gov/